

# THE PARISH OF FRIERN BARNET

Trinity 8  
2<sup>nd</sup> August 2020

---

In the name of the Father, and of the Son, and of the Holy Spirit.

**All Amen.**

The Lord be with you

**All and also with you.**

## **Introduction**

As we meet to share what God offers us today, let us rejoice that we can experience it together. Whether we have made elaborate preparations or simply logged in on the spur of the moment, God will provide all we need in word, and sacrament.

**All Almighty God,  
to whom all hearts are open,  
all desires known,  
and from whom no secrets are hidden:  
cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name;  
through Christ our Lord. Amen**

## **PRAYERS OF PENITENCE**

God provides for us, but we often forget and try to provide for ourselves, becoming so preoccupied that we are out of God's reach.

**Almighty God, our heavenly Father, we have sinned against you and against our neighbour in thought and word and deed, through negligence, through weakness, through our own deliberate fault. We are truly sorry and repent of all our sins. For the sake of your Son Jesus Christ, who died for us, forgive us all that is past, and grant that we may serve you in newness of life to the glory of your name. Amen**

*The priest says the absolution*

Almighty God  
who forgives all who truly repent, have mercy on you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness  
and keep you in life eternal;  
through Jesus Christ our Lord. **Amen.**

## **THE GLORIA**

**Glory to God in the highest,  
and peace to his people on earth.  
Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.  
Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.  
For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father. **Amen.****

## **THE COLLECT**

Almighty Lord and everlasting God,  
we beseech you to direct, sanctify and govern  
both our heart and bodies  
in the ways of your laws and the works of your commandments;  
that through your most mighty protection,  
both here and ever, we may be preserved in body and soul;  
through our Lord and Saviour Jesus Christ,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever. **Amen**

## THE LITURGY OF THE WORD

### READING Romans 9 1- 5

A reading from Paul's first letter to the Romans

I am speaking the truth in Christ. I am not lying; my conscience confirms it by the Holy Spirit. I have great sorrow and unceasing anguish in my heart. For I could wish that I myself were accursed and cut off from Christ for the sake of my own people, my kindred according to the flesh. They are Israelites, and to them belong the adoption, the glory, the covenants, the giving of the law, the worship, and the promises; to them belong the patriarchs, and from them, according to the flesh, comes the Messiah, who is over all, God blessed for ever. Amen.

This is the word of the Lord.

**All Thanks be to God.**

### RESPONSORIAL PSALM

**Response:** The Lord is compassionate towards all his works  
**The Lord is compassionate towards all his works**

The LORD is gracious and merciful,  
slow to anger and abounding in steadfast love.  
The LORD is good to all,  
and his compassion is over all that he has made. **R/**

The eyes of all look to you,  
and you give them their food in due season.  
You open your hand,  
satisfying the desire of every living thing. **R/**

The LORD is just in all his ways,  
and kind in all his doings.  
The LORD is near to all who call on him,  
to all who call on him in truth. **R/**

He fulfils the desire of all who fear him;  
he also hears their cry, and saves them.  
The LORD watches over all who love him,  
but all the wicked he will destroy. **R/**

My mouth will speak the praise of the LORD,  
and all flesh will bless his holy name for ever and ever. **R/**

## **THE GOSPEL Matthew 14: 13-21**

Hear the Gospel of our Lord Jesus Christ according to Matthew.

**All Glory to you, O Lord.**

When Jesus heard that Herod had beheaded John the Baptist, he withdrew in a boat to a deserted place by himself. But when the crowds heard it, they followed him on foot from the towns. When he went ashore, he saw a great crowd; and he had compassion for them and cured their sick. When it was evening, the disciples came to him and said, 'This is a deserted place, and the hour is now late; send the crowds away so that they may go into the villages and buy food for themselves.' Jesus said to them, 'They need not go away; you give them something to eat.' They replied, 'We have nothing here but five loaves and two fish.' And he said, 'Bring them here to me.' Then he ordered the crowds to sit down on the grass. Taking the five loaves and the two fish, he looked up to heaven, and blessed and broke the loaves, and gave them to the disciples, and the disciples gave them to the crowds. And all ate and were filled; and they took up what was left over of the broken pieces, twelve baskets full. And those who ate were about five thousand men, besides women and children.

This is the Gospel of the Lord.

**All Praise to you, O Christ.**

## **SERMON**

### **THE CREED**

Let us declare our faith in God.

**All We believe in one God, the Father,  
the almighty, maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God, begotten, not made,**

of one Being with the Father;  
through him all things were made.  
For us and for our salvation he came down from heaven,  
was incarnate from the Holy Spirit  
and the Virgin Mary and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge  
the living and the dead,  
and his kingdom will have no end.  
We believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son  
is worshipped and glorified,  
who has spoken through the prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism  
for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.

## **PRAYERS OF INTERCESSION**

In the power of the Spirit and in union with Christ let us pray to the Father.

*And at the end*

Merciful Father...

**Accept these prayers for the sake of your Son,  
Our Saviour Jesus Christ. Amen.**

## **THE PEACE**

God brings peace to our lives when we wrestle with the heavy burden of our own expectations.

The peace of the Lord be with you

**All and also with you.**

Let us share the peace to one another.

### **THE PRAYER OVER THE GIFTS**

Lord, receive our offering,  
and may this sacrifice of praise,  
purify us in mind and heart  
and make us always eager to serve you.  
We ask this in the name of Jesus the Lord. **Amen.**

### **THE EUCHARISTIC PRAYER**

The Lord be with you.  
**and also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give thanks and praise**

*The priest praises God for his mighty acts and all respond*

**All Holy, holy, holy Lord,  
God of power and might.  
Heaven and earth are full of your glory.  
Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

Great is the mystery of faith:

**All Christ has died: Christ is risen: Christ will come again.**

### **THE LORD'S PRAYER**

Let us pray with confidence as our Saviour has taught us

**Our Father, who art in heaven,  
hallowed be thy name;  
Thy kingdom come;  
Thy will be done on earth as it is in heaven.  
Give us this day our daily bread;  
and forgive us our trespasses  
as we forgive those who trespass against us;  
and lead us not into temptation,**

**but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever. Amen.**

## **THE AGNUS DEI**

**All Lamb of God, you take away the sin of the world,  
have mercy on us.**

**Lamb of God, you take away the sin of the world,  
have mercy on us.**

**Lamb of God, you take away the sin of the world,  
grant us peace.**

This is the Lamb of God who takes away the sin of the world;  
happy are those who are called to his supper.

**All Lord, I am not worthy to receive you,  
but only say the word,  
and I shall be healed.**

*The priest receives communion on behalf of all those joining in the service, as those at home make an Act of Spiritual Communion saying.*

**My Jesus, I believe that you are present in this Holy Sacrament of the altar. I love you above all things and I passionately desire to receive you into my soul. Since I cannot now receive you sacramentally, come spiritually into my soul that I may unite myself wholly to you now and for ever. Amen**

## **PRAYER AFTER COMMUNION**

**All Lord give us the strength of new life  
by the gift of the eucharist.  
Protect us with your love  
and prepare us for eternal redemption  
through Jesus Christ our Lord. Amen**

The Lord be with you  
**All and also with you.**

## THE BLESSING AND DISMISSAL

May God, who gives patience and encouragement,  
give you a spirit of unity  
to live in harmony as you follow Jesus Christ,  
so that with one voice you may glorify  
the God and Father of our Lord Jesus Christ;  
and the blessing of God almighty,  
the Father, the Son and the Holy Spirit  
be among you and remain with you always. **Amen**

Go in the peace of Christ.

**All Thanks be to God. Amen**

***Please always stay safe – continue to follow the current rules on hygiene and self-isolation – to protect yourselves and others, especially the vulnerable.***

### **For our prayers:**

Please continue to remember ***the work of ALMA and our friends in Beira where terrible violence is threatened to those thought to be infected with Covid 19.*** Also ***Robin Kendrick-Wootton, Kiyoko Kotaka, Judith French,*** those who have died recently especially ***Irene Thomson, Shirley Akester*** and all whose anniversaries of death fall at this time; ***June Brand , Phyllis Christine Wood.***

**Birthdays: Patience Okorwonkwo, Fariba Razavi, Kirsty Tumilty, Fiona Cochrane**

### **Notices**

**Open Church.** St John's church opened up this week for socially distant private prayer. Opening times are 10am – noon on Wednesdays and Saturdays. We look forward to seeing you ... with your face mask!

**Wheels for Climate Change Emergencies.** We saw last week how rising global surface temperatures and extreme weather have affected our brothers and sisters in Angola and Mozambique and the transport problems there faced by our diocesan partners. Thank you therefore to everyone who donated to the “Wheels for Climate Change Emergencies”. If you wish to donate but haven’t yet done so, please do so either through the online giving portal below or directly to the Parish bank account, letting Andy know that you want your funds directed to the appeal.

**Parish Finances:** Any gift you can make to the Parish general funds continues to be welcome. If you haven’t yet tried giving via the online link, why not give it a go this week. The online giving account means that if you usually give on a Sunday, you can now pay via the link below with a few clicks of the mouse:-

<https://givealittle.co/campaigns/7dba3a49-2db8-4990-b079-42eab9d7729c>

Alternatively, donations can still be made directly into the Parish bank account:-

**Account Name:** Friern Barnet PCC

**Reference:** Donation

**Sort Code:** 40-52-40

**Account No:** 00011551

**Contact:** The Wardens remain very keen that the Parish should try to maintain its sense of community and that we remain in touch with each other at this exceptional time. If you have not yet joined the St John’s WhatsApp group please do so as it is a wonderful resource and means of communication. If you are not sure how to do so, please contact Ed Newman on 07940 529905.

**Interregnum:** If you have any questions or require help or support of any kind please contact Ed Newman on 07940 529905 (email: [ed.newman01@gmail.com](mailto:ed.newman01@gmail.com)) or Helen Edwards on 07802 709081 (email: [helen.edwards130@gmail.com](mailto:helen.edwards130@gmail.com))

**THE PARISH OFFICE: 020 8361 7690** [fbpcc@btinternet.com](mailto:fbpcc@btinternet.com) [www.parishoffriernbarnet.co.uk](http://www.parishoffriernbarnet.co.uk)

Copyright material is included from Common Worship: Services and Prayers for the Church of England,

Copyright © The Archbishop’s Council 2000,

Psalms texts from *The Psalms A New Translation*, © copyright 1963 The Grail (England)

Words of hymns are reproduced under CCL licence No: 1184065