

THE PARISH OF FRIERN BARNET

Trinity 5
12th July 2020

OPENING HYMN

Morning has broken like the first morning,
blackbird has spoken like the first bird.
Praise for the singing! Praise for the morning!
Praise for them, springing fresh from the Word!

Sweet the rain's new fall, sunlit from heaven,
like the first dew-fall on the first grass.
Praise for the sweetness of the wet garden,
sprung in completeness where his feet pass.

Mine is the sunlight! Mine is the morning
born of the one light Eden saw play!
Praise with elation, praise every morning,
God's re-creation of the new day!

Eleanor Farjeon (1881-1965)
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In the name of the Father, and of the Son, and of the Holy Spirit.
All Amen.

The Lord be with you
All and also with you.

Introduction

A very warm welcome to our Zoom Mass this morning. We also offer a warm welcome to Bishop Rob who will be preaching this morning. We gather as a family of God, to give thanks for the gift of his Son, Jesus our Saviour. May His gentle presence enter into our hearts, sowing the seeds of new growth and faithfulness.

CONFESSION

Let us now, in the quietness of our own hearts, reflect on the past week before we make our confession.

God's whole creation groans.
The land produces thorns and thistles and longs to be set free.
Our sin affects all around us.
We confess our sins in penitence and faith.

For turning away from you,
and ignoring your will for our lives;
Father, forgive us:
save us and help us.

For behaving just as we wish,
without thinking of you;
Father, forgive us:
save us and help us.

For failing you by what we do,
And think and say;
Father, forgive us:
save us and help us.

Bishop Rob says the absolution

May the God of love and power
forgive you and free you from your sins,
heal and strengthen you by his Spirit,
and raise you to new life in Christ our Lord. **Amen.**

THE GLORIA

**Glory to God in the highest,
and peace to his people on earth.
Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.
Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.
For you alone are the Holy One,**

**you alone are the Lord,
you alone are the Most High, Jesus Christ,
with the Holy Spirit,
in the glory of God the Father. Amen.**

THE COLLECT

Almighty and everlasting God,
By whose Spirit the whole body of the Church is governed and sanctified:
hear our prayer which we offer for all your faithful people,
that in their vocation and ministry
they may serve you in holiness and truth
to the glory of your name;
through our Lord and Saviour Jesus Christ,
in the unity of the Holy Spirit,
one God, now and for ever. **Amen**

THE LITURGY OF THE WORD

READING Romans 8. 1-11

A reading from Paul's letter to the Romans

There is now no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law - indeed it cannot, and those who are in the flesh cannot please God. But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

This is the word of the Lord.

All Thanks be to God.

RESPONSORIAL PSALM

**Response: *You crown the year with your goodness,
You crown the year with your goodness,***

You visit the earth and water it; you make it very plenteous. **R/**

The river of God is full of water; you prepare grain for your people, for
so you provide for the earth. **R/**

You drench the furrows and smooth out the ridges; you soften the
ground with showers and bless its increase. **R/**

You crown the year with your goodness, and your paths overflow with
plenty. **R/**

May the pastures of the wilderness flow with goodness and the hills be
girded with joy. **R/**

May the meadows be clothed with flocks of sheep and the valleys
stand so thick with corn that they shall laugh and sing. **R/**

THE GOSPEL Matthew 13. 1-9, 18-23 – Fr Guy

Hear the Gospel of our Lord Jesus Christ according to Matthew.

All Glory to you, O Lord.

Jesus went out of the house and sat beside the lake. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: 'Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen! Hear then the parable of the sower. When anyone

hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty.'

This is the Gospel of the Lord.

All Praise to you, O Christ.

SERMON by Bishop Rob

THE CREED

Let us declare our faith in God.

**All I believe in God, the Father almighty,
creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.
On the third day he rose again;
he ascended into heaven,
he is seated at the right hand of the Father,
and he will come to judge the living and the dead.**

**I believe in the Holy Spirit,
the holy catholic Church,
the communion of the saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

PRAYERS OF INTERCESSION

Let us pray to God almighty, the King of creation.

And at the end

Merciful Father...

**Accept these prayers for the sake of your Son,
Our Saviour Jesus Christ. Amen.**

THE PEACE

We are the Body of Christ. In the one Spirit we were all baptised into one body. Let us then pursue all that makes for peace and builds up our common life.

The peace of the Lord be with you

All and also with you.

Let us offer one another a sign of God's peace.

HYMN

**O for a thousand tongues to sing
my dear Redeemer's praise,
my dear Redeemer's praise,
the glories of my God and King,
the triumphs of his grace,
the triumphs of his grace,
the triumphs of his grace!**

**Jesus! the name that charms our fears,
that bids our sorrows cease,
that bids our sorrows cease;
'tis music in the sinner's ears,
'tis life and health and peace,
'tis life and health and peace,
'tis life and health and peace.**

**Hear him, ye deaf; his praise, ye dumb,
your loosened tongues employ,
your loosened tongues employ;
ye blind, behold your Saviour come;
and leap, ye lame, for joy,
and leap, ye lame, for joy,
and leap, ye lame, for joy.**

**My gracious Master and my God,
assist me to proclaim,
assist me to proclaim
and spread through all the earth abroad
the honours of thy name,
the honours of thy name,
the honours of thy name.**

Charles Wesley (1707-1788)

THE PRAYER OVER THE GIFTS

As the grain once scattered in the fields
and the grapes once dispersed on the hillside
are now reunited on this table in bread and wine,
so, Lord, may your whole Church soon be gathered together
from the corners of the earth into your Kingdom. **Amen.**

THE EUCHARISTIC PRAYER

The Lord be with you.
and also with you.

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give thanks and praise

The priest praises God for his mighty acts and all respond

**All Holy, holy, holy Lord,
God of power and might.
Heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

Let us proclaim the mystery of faith:
All Christ has died: Christ is risen: Christ will come again.

THE LORD'S PRAYER

Looking for the coming of his kingdom, let us pray with confidence as our Saviour has taught us

**Our Father, who art in heaven,
hallowed be thy name;
Thy kingdom come;
Thy will be done on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever. Amen.**

THE AGNUS DEI

**All Lamb of God, you take away the sin of the world,
have mercy on us.**

**Lamb of God, you take away the sin of the world,
have mercy on us.**

**Lamb of God, you take away the sin of the world,
grant us peace.**

INVITATION TO COMMUNION

God's holy gifts
for God's holy people.

**All Jesus Christ is holy,
Jesus Christ is Lord,
to the glory of God the Father.**

The priest receives communion on behalf of all those joining in the service, as those at home make an Act of Spiritual Communion joining with Fr Guy in saying...

My Jesus, I believe that you are present in this Holy Sacrament of the altar. I love you above all things and I passionately desire to receive you into my soul. Since I cannot now receive you sacramentally, come spiritually into my soul that I may unite myself wholly to you now and for ever. Amen

PRAYER AFTER COMMUNION

All Grant, O Lord, we beseech you, that the course of this world may be so peaceably ordered by your governance, that your Church may joyfully serve you in all godly quietness; through Jesus Christ our Lord. Amen

FINAL HYMN

**We have a gospel to proclaim,
good news for all throughout the earth;
the gospel of a Saviour's name:
we sing his glory, tell his worth.**

**Tell of his birth at Bethlehem,
not in a royal house or hall,
but in a stable dark and dim,
the Word made flesh, a light for all.**

**Tell of his death at Calvary,
hated by those he came to save;
in lonely suffering on the cross:
for all he loved, his life he gave.**

**Tell of that glorious Easter morn,
empty the tomb, for he was free;
he broke the pow'r of death and hell
that we might share his victory.**

**Tell of his reign at God's right hand,
by all creation glorified.
He sends his Spirit on his Church
to live for him, the Lamb who died.**

**Now we rejoice to name him King:
Jesus is Lord of all the earth.
This gospel-message we proclaim:
we sing his glory, tell his worth.**

Edward Joseph Burns (b. 1938) © The Revd Edward J Burns

THE BLESSING – Bishop Rob

Our help is in the name of the Lord,
who has made heaven and earth.
Blessed be the name of the Lord,
now and for ever. Amen.

God the Father,
who first loved us and made us accepted in the beloved Son,
bless you. **Amen**

God the Son,
who loved us and washed us from our sins in his own blood,
bless you. **Amen**

God the Holy Spirit,
who sheds abroad the love of God in our hearts,
bless you. **Amen**

And the blessing of God Almighty, the Father and the Son and
the Holy Spirit, come down upon you and remain with you
always. **Amen**

THE DISMISSAL – Fr Ben

Go in peace to love and serve the Lord.

All In the name of Christ. Amen

***Please always stay safe – continue to follow the current rules on
hygiene and self-isolation – to protect yourselves and others,
especially the vulnerable.***

For our prayers:

Please continue to remember ***the victims of racism and injustice
around the world, including our friends in Beira where terrible violence
is threatened to those thought to be infected with Covid 19.*** Also ***Robin
Kendrick-Wootton, Plaxy Wish, Kiyoko Kotaka, Judith French, Irene
Thomson*** those who have died recently especially, and all whose
anniversaries of death fall at this time; ***Donald Rutherford McLeod.***

Birthdays: Felicity Rawles

Notices

ALMA Sunday: Today is ALMA Sunday, when in ordinary circumstances we would be joining with other London parishes at St Paul's Cathedral to celebrate our link with the ALMA partnership. Like many things the Bishop of London's Lent Appeal #Wheels4Alma was badly affected by the Covid 19 Pandemic. Full information can be found at <https://www.london.anglican.org/mission/lentappeal/>

Food Bank: The Food Bank continues to experience an increased demand for essential food items, and like the Parish it has suffered a huge drop in its income. We are conscious that these are difficult times for many but, if you are able, please make a much needed donation via the link below which will take you straight to the Pembroke Road Food Bank donations page: <https://cafdonate.cafonline.org/10986>

Parish Finances: Many thanks to all of you who have used the Parish's online giving account, the link to which can be found on the St John's web address. Payments can now also be made via the QR code below which takes you to the same web address, or you can use the QR code reader. A credit/debit card is required, and a donation of any amount can be made, and Gift Aid added if appropriate. It really is very simple and can easily be done from the comfort of your armchair. Why not give it a go and make a donation to help us pay for a professional cleaner to get the Church ready for opening!

<https://givealittle.co/campaigns/7dba3a49-2db8-4990-b079-42eab9d7729c>



Alternatively, donations can still be made directly into the Parish bank account: -

Account Name: Friern Barnet PCC
Reference: Donation
Sort Code: 40-52-40
Account No: 00011551

Contact: The Wardens remain very keen that the Parish should try to maintain its sense of community and that we remain in touch with each other at this exceptional time. If you have not yet joined the St John's WhatsApp group please do so as it is a wonderful resource and means of communication in these days of social isolation. If you are not sure how to do so, please contact Ed Newman on 07940 529905.

Interregnum: If you have any questions or require help or support of any kind please contact Ed Newman on 07940 529905 (email: ed.newman01@gmail.com) or Helen Edwards on 07802 709081 (email: helen.edwards130@gmail.com)

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